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*Working Together to Obtain Quality Health Care for  
Children & Young Adults with Chronic Medical Conditions & Disabilities*

## **New Report Exposes Alarming Gap in Care for Young Adults with Chronic Medical Conditions and Disabilities**

Washington, D.C. (Nov. 10, 2009) – A recently released white paper calls on Congress to address the often overlooked area of health care transition for youth and young adults living with chronic medical conditions and disabilities (CMCD). Appropriate health care transition ensures a seamless transition from child-oriented health care to adult-oriented health care.

“Currently there are 15 million youths and young adults living with CMCD, and as the prevalence of chronic disease grows this number will only increase.” said Dr. Santi Bhagat, founder and president of Physician-Parent Caregivers, Inc. (PPC). “Yet most adult physicians have not been trained to care for adults who have childhood-onset CMCD, leaving young people with unmet medical needs and struggling to find appropriate health care providers.”

The report, released by PPC on behalf of the Coalition for Young Adults Living with Chronic Medical Conditions and Disabilities, identifies some of the major barriers to providing quality health care to this population and sets out to establish why it is so important to address the evolving needs of youth and young adults living with CMCD as they transition into adulthood.

“More than 600,000 youth with CMCD enter adulthood every year, straining a system designed primarily to meet emergency and acute care needs rather than the long-term needs of people with ongoing diseases or conditions,” continued Dr. Bhagat. “Addressing health care transition would not only slow the growth of health care costs, but it would assure that young adults would be healthy enough to make active contributions to society.”

The report makes specific recommendations for health care reform, including better information on this population’s utilization of health care services, assistance with “system navigation” to identify available services and state programs and better coordination of care through the use of innovative clinical care models. The report also finds that additional improvements could be achieved through changes to insurance rules, reimbursement policies and the medical workforce.

To view the full report, please click [here](#).

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### *About PPC*

*Physician-Parent Caregivers, Inc. (PPC) believes that all children, young adults, and their families are entitled to Quality Health Care. Building on the unique perspective of physicians who are parents of Children & Young Adults with Chronic Medical Conditions & Disabilities (CMCD), PPC works with children, young adults, families, and physicians to find solutions for the delivery of optimal health care.*